

INHALTSVERZEICHNIS

Vorwort	4
Einleitung	5
Noten-Legende	6
Notennamen	7
Notenwerte	8
Kapitel 1	9
Double Bass Drum-Fußsatz-Kombinationen	
Kapitel 1.1	10
Double Bass Drum-Fußsatz-Kombinationen	
Binäre Grooves	
Kapitel 1.2	16
Double Bass Drum-Fußsatz-Kombinationen	
Ternäre Grooves	
Kapitel 2	23
Hi-Hat- & Bass Drum-Variationen	
Kapitel 2.1	24
Hi-Hat-Variationen	
Ternäre Grooves	
Kapitel 2.2	26
Bass Drum-Variationen	
Ternäre Grooves	
Kapitel 3	29
Mehrere Grooves	
Kapitel 3.1	30
Mehrere Grooves	
Bass Drum- & Snare Drum-Variationen	
Kapitel 3.2	33
Mehrere Grooves	
Bass Drum-, Snare Drum-, Becken- & Tom-Variationen	
Kapitel 4	37
Lineare Fills - Teil eins	
Kapitel 4.1	38
Lineare Fills - Teil eins	
Binäre Fills	
Kapitel 4.2	42
Lineare Fills - Teil eins	
Ternäre Fills	
Kapitel 5	47
Snare Drum-Akzent-Patterns & Handsatz-Kombinationen	
Kapitel 5.1	48
Snare Drum-Akzent-Patterns	
Quintär	
Kapitel 5.2	50
Snare Drum-Handsatz-Kombinationen	
Quintär	

Kapitel 6	53
Quintolen & Paradiddles	
Kapitel 6.1	54
Quintolen & Paradiddles	
Der Single Paradiddle & seine drei Variationen	
Quintär	
Kapitel 7	57
Hi-Hat- & Ghost Note-Variationen mit & ohne Double Bass Drum	
Kapitel 7.1	58
Hi-Hat- & Ghost Note-Variationen mit Double Bass Drum	
Quintäre Grooves	
Kapitel 7.2	61
Hi-Hat- & Ghost Note-Variationen ohne Double Bass Drum	
Quintäre Grooves	
Kapitel 7.3	64
Hi-Hat- & Ghost Note-Variationen mit Double Bass Drum	
Septäre Grooves	
Kapitel 7.4	67
Hi-Hat- & Ghost Note-Variationen ohne Double Bass Drum	
Septäre Grooves	
Kapitel 8	71
Lineare Fills - Teil zwei	
Kapitel 8.1	72
Lineare Fills - Teil zwei	
Quintäre & septäre Fills	
Kapitel 9	75
Lineare Grooves	
Kapitel 9.1	76
Lineare Grooves	
Binäre & ternäre Grooves	
Kapitel 10	79
Blast Beats	
Kapitel 10.1	81
Blast Beats	
Skank Beat	
Binär & ternär	
Kapitel 10.2	83
Blast Beats	
Traditional Blast, Bomb Blast, Hammer Blast, Gravity Blast	
Binär & Ternär	
Kapitel 11	87
Drum Soli	
Kapitel 11.1	88
Drum Soli	
Solo No. 1	89
Solo No. 2	92

1a)

R L R L R L R L R L R L R L

1b)

R L R L R L R L R L R L R R

2a)

R R R R R R R R

2b)

R R R R R R R R

3a)

R R R L R R R L

3b)

R R R L R R R L

4a)

R R L R R R L R

4b)

R R L R R R L R

5a)

R R L L R R L L

5b)

R R L L R R L L

6a)

R L R R R L R R

6b)

R L R R R L R R

7a)

R L L R R L L R

7b)

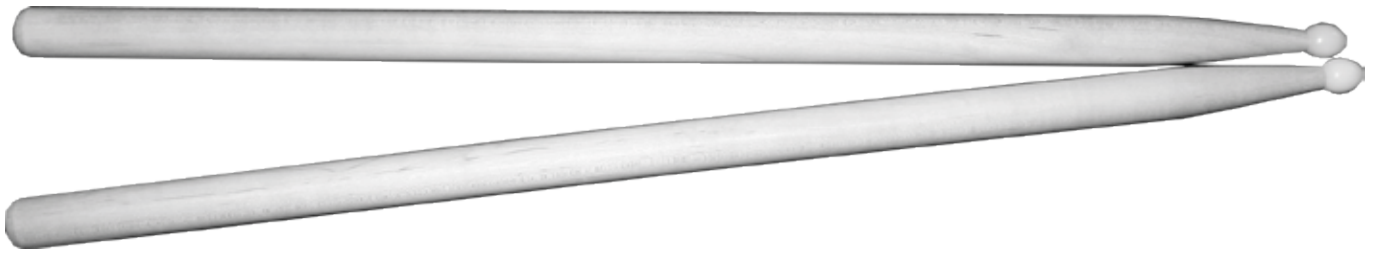
R L L R R L L R

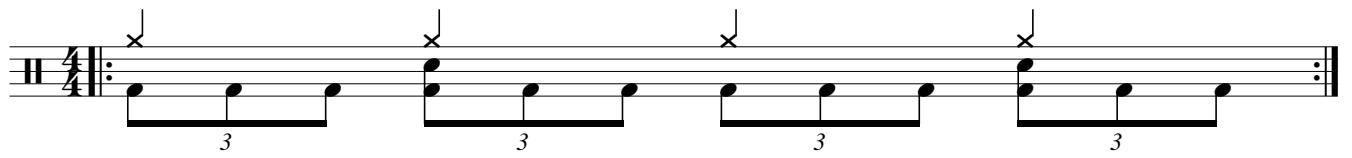
8a)

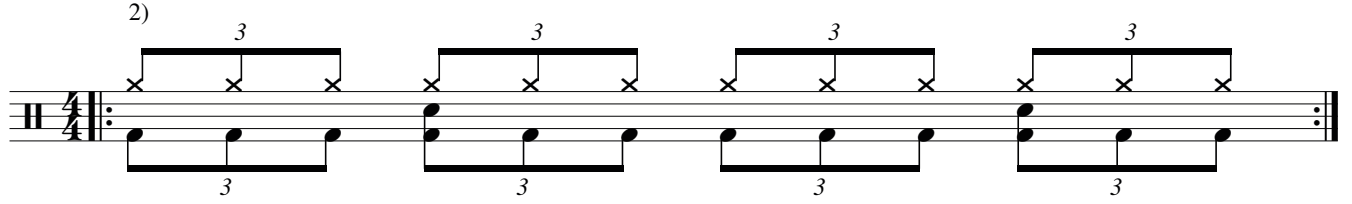
R L L L R L L L

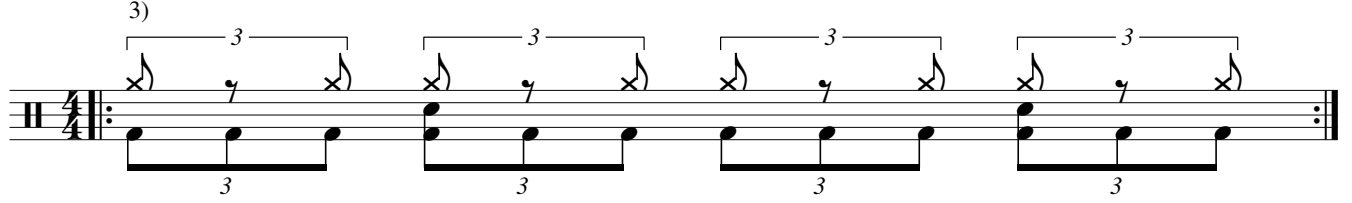
8b)

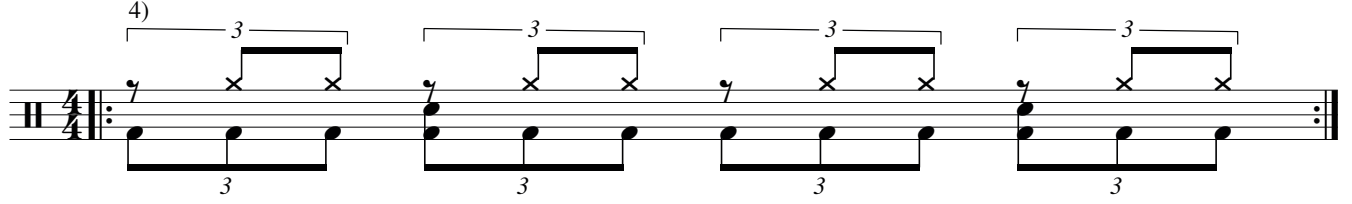
R L L L R L L L

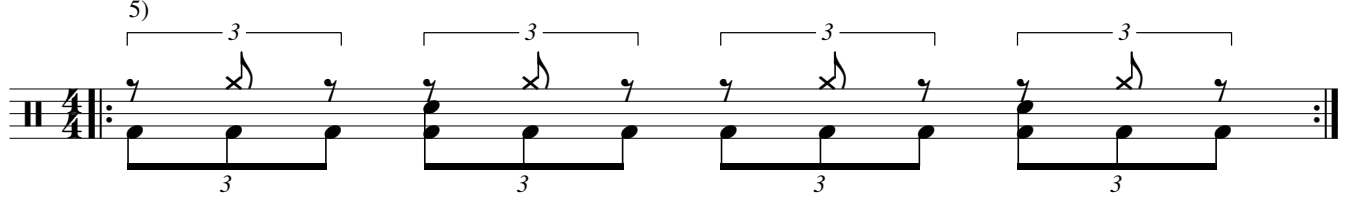


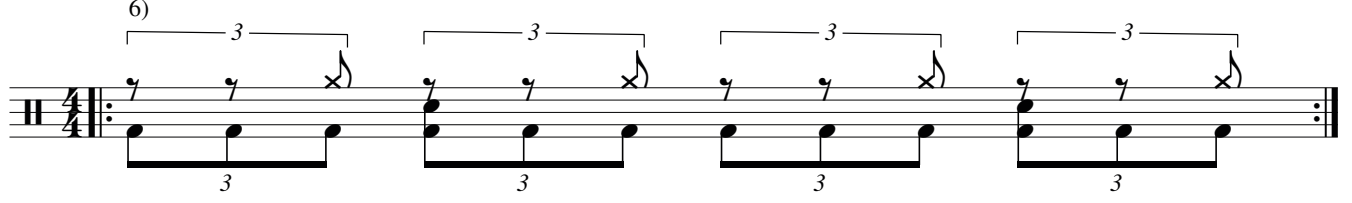
1) 

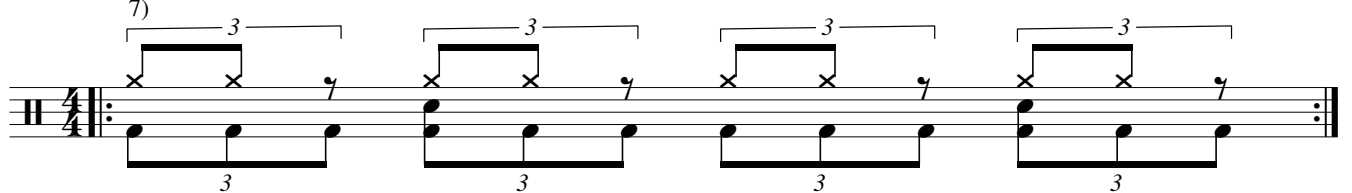
2) 

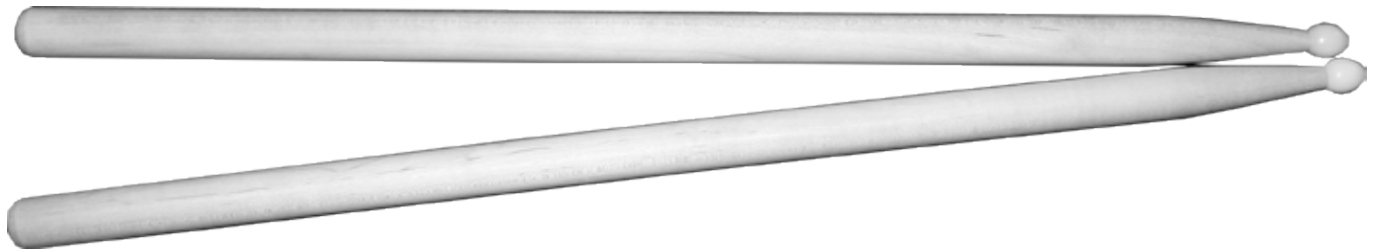
3) 

4) 

5) 

6) 

7) 



1) R R R L R R L L R R R L R R L L

2) R R R L L R R L L R R R L L R R L L

3) R L R L R L R L R L R L R L R L R L

4)

5)

6)

7)

8)

9)

The image displays nine numbered musical exercises for double bass drumming, each on a single staff in 4/4 time. Exercises 1 and 2 include rhythmic notation with 'x' marks above notes and '6' below the staff. Exercises 3 through 9 show various rhythmic patterns with 'x' marks indicating specific drum strokes.